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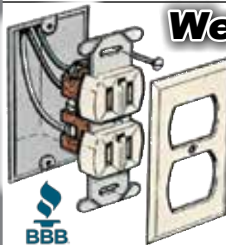
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FEBRUARY • 2023

Palm Hill Link

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>MARCH</p> <p>S M T W T F S</p> <p>1 2 3 4</p> <p>5 6 7 8 9 10 11</p> <p>12 13 14 15 16 17 18</p> <p>19 20 21 22 23 24 25</p> <p>26 27 28 29 30 31</p>						
<p>2:15pm: Ladies Golf Lessons</p> <p>4pm-5pm: Sunday Worship (N)</p> <p>6:30pm: Hoss Collar (N)</p>	<p>8am-10am: Coffee (N)</p> <p>8:30am: Chair Yoga (S)</p> <p>10am-12pm: Men's Golf Association (N)</p> <p>11am: Social Shuffle</p> <p>6:30pm: Euchre (N)</p>	<p>9am-10am: Exercise Program (N)</p> <p>9:30am: Men's Scramble, Men's Golf Association (N)</p> <p>10am-11am: Pilates in the Park (S)</p> <p>10am: Water Aerobics (N and S)</p> <p>10:15am-11:15am: Flow Yoga (S)</p> <p>7pm-10pm: Bingo (N)</p>	<p>8am-10am: Coffee (S)</p> <p>8am-9am: Intermediate Yoga (N)</p> <p>9:15am-10:15am: Tai Chi Class (N)</p> <p>10am-11am: Line Dancing (S)</p> <p>10:30am-11:30am: Cardio Mix (N)</p> <p>6pm-8pm: New Resident Meet and Greet! (S)</p>	<p>9am: Palm Hill Players (N)</p> <p>10am: Art & Crafts Club (S)</p> <p>3:45pm: North Food Distribution (N)</p> <p>7pm-10pm: Bingo (S)</p> <p>Groundhog Day</p>	<p>8:30am: Ladies Championship Tournament</p> <p>9am-10am: Exercise Program (N)</p> <p>10am: Palm Hill Players (N)</p> <p>10am: Water Aerobics (N and S)</p> <p>4pm-9pm: New York Dinner & Dance (S)</p>	<p>11:15am: Corn Hole Tournament</p>
<p>2:15pm: Ladies Golf Lessons</p> <p>5pm-9pm: Super Bowl Party (S)</p> <p>6:30pm: Hoss Collar (N)</p>	<p>8am-10am: Coffee (N)</p> <p>8:30am: Chair Yoga (S)</p> <p>11am: Social Shuffle</p> <p>6:30pm: Euchre (N)</p>	<p>9am-10am: Exercise Program (N)</p> <p>9:30am: Men's Scramble, Men's Golf Association (N)</p> <p>10am-11am: Pilates in the Park (S)</p> <p>10am: Water Aerobics (N and S)</p> <p>10:15am-11:15am: Flow Yoga (S)</p> <p>7pm-10pm: Bingo (N)</p>	<p>8am-10am: Coffee (S)</p> <p>8am-9am: Intermediate Yoga (N)</p> <p>9:15am-10:15am: Tai Chi Class (N)</p> <p>10am-11am: Line Dancing (S)</p> <p>10:30am-11:30am: Cardio Mix (N)</p> <p>11:30am: Ladies Luncheon</p> <p>3pm-4:30pm: Ukulele Club (S)</p>	<p>9am: Palm Hill Players (N)</p> <p>10am: Art & Crafts Club (S)</p> <p>7pm-10pm: Bingo (S)</p>	<p>8:30am: Ladies Championship Tournament</p> <p>9am-10am: Exercise Program (N)</p> <p>10am: Palm Hill Players (N)</p> <p>10am: Water Aerobics (N and S)</p>	<p>8am: Pancake Breakfast (N)</p> <p>7pm-10pm: Valentine Sock-Hop (S)</p>
<p>2:15pm: Ladies Golf Lessons</p> <p>4pm-5pm: Sunday Worship (N)</p> <p>6:30pm: Hoss Collar (N)</p>	<p>8am-10am: Coffee (N)</p> <p>8:30am: Chair Yoga (S)</p> <p>11am: Social Shuffle</p> <p>6:30pm: Euchre (N)</p>	<p>9am-10am: Exercise Program (N)</p> <p>9:30am: Men's Scramble, Men's Golf Association (N)</p> <p>10am-11am: Pilates in the Park (S)</p> <p>10am: Water Aerobics (N and S)</p> <p>10:15am-11:15am: Flow Yoga (S)</p> <p>7pm-10pm: Bingo (N)</p>	<p>8am-10am: Coffee (S)</p> <p>8am-9am: Intermediate Yoga (N)</p> <p>9:15am-10:15am: Tai Chi Class (N)</p> <p>10am-11am: Line Dancing (S)</p> <p>10:30am-11:30am: Cardio Mix (N)</p> <p>11:30am: Ladies Luncheon</p> <p>3pm-4:30pm: Ukulele Club (S)</p>	<p>9am: Palm Hill Players (N)</p> <p>10am: Art & Crafts Club (S)</p> <p>7pm-10pm: Bingo (S)</p>	<p>8:30am: Ladies Championship Tournament</p> <p>9am-10am: Exercise Program (N)</p> <p>10am: Palm Hill Players (N)</p> <p>10am: Water Aerobics (N and S)</p>	<p>8:30am: Golf Fore the Cure Tournament (N)</p>
<p>2:15pm: Ladies Golf Lessons</p> <p>4pm-5pm: Sunday Worship (N)</p> <p>6:30pm: Hoss Collar (N)</p>	<p>8am-10am: Coffee (N)</p> <p>8:30am: Chair Yoga (S)</p> <p>11am: Social Shuffle</p> <p>6:30pm: Euchre (N)</p>	<p>9am-10am: Exercise Program (N)</p> <p>9:30am: Men's Scramble, Men's Golf Association (N)</p> <p>10am-11am: Pilates in the Park (S)</p> <p>10am: Water Aerobics (N and S)</p> <p>10:15am-11:15am: Flow Yoga (S)</p> <p>7pm-10pm: Bingo (N)</p>	<p>8am-10am: Coffee (S)</p> <p>8am-9am: Intermediate Yoga (N)</p> <p>9:15am-10:15am: Tai Chi Class (N)</p> <p>10am-11am: Line Dancing (S)</p> <p>10:30am-11:30am: Cardio Mix (N)</p>	<p>9am: Palm Hill Players (N)</p> <p>10am: Art & Crafts Club (S)</p> <p>7pm-10pm: Bingo (S)</p>	<p>8:30am: Ladies Championship Tournament</p> <p>9am-10am: Exercise Program (N)</p> <p>10am: Palm Hill Players (N)</p> <p>10am: Water Aerobics (N and S)</p>	<p>5pm-10pm: Las Vegas Night (N)v</p>
<p>2:15pm: Ladies Golf Lessons</p> <p>6:30pm: Hoss Collar (N)</p>	<p>8am-10am: Coffee (N)</p> <p>8:30am: Chair Yoga (S)</p> <p>11am: Social Shuffle</p> <p>6:30pm: Euchre (N)</p>	<p>9am-10am: Exercise Program (N)</p> <p>9:30am: Men's Scramble, Men's Golf Association (N)</p> <p>10-11am: Pilates in the Park (S)</p> <p>10am: Water Aerobics (N and S)</p> <p>10:15am-11:15am: Flow Yoga (S)</p> <p>7pm-10pm: Bingo (N)</p>	<p>8am-10am: Coffee (S)</p> <p>8am-9am: Intermediate Yoga (N)</p> <p>9:15am-10:15am: Tai Chi Class (N)</p> <p>10am-11am: Line Dancing (S)</p> <p>10:30am-11:30am: Cardio Mix (N)</p>	<p>9am: Palm Hill Players (N)</p> <p>10am: Art & Crafts Club (S)</p> <p>7pm-10pm: Bingo (S)</p>	<p>8:30am: Ladies Championship Tournament</p> <p>9am-10am: Exercise Program (N)</p> <p>10am: Palm Hill Players (N)</p> <p>10am: Water Aerobics (N and S)</p>	<p>8:30am: Ladies Championship Tournament</p> <p>9am-10am: Exercise Program (N)</p> <p>10am: Palm Hill Players (N)</p> <p>10am: Water Aerobics (N and S)</p>
<p>2:15pm: Ladies Golf Lessons</p> <p>6:30pm: Hoss Collar (N)</p>	<p>8am-10am: Coffee (N)</p> <p>8:30am: Chair Yoga (S)</p> <p>11am: Social Shuffle</p> <p>6:30pm: Euchre (N)</p>	<p>9am-10am: Exercise Program (N)</p> <p>9:30am: Men's Scramble, Men's Golf Association (N)</p> <p>10-11am: Pilates in the Park (S)</p> <p>10am: Water Aerobics (N and S)</p> <p>10:15am-11:15am: Flow Yoga (S)</p> <p>7pm-10pm: Bingo (N)</p>	<p>8am-10am: Coffee (S)</p> <p>8am-9am: Intermediate Yoga (N)</p> <p>9:15am-10:15am: Tai Chi Class (N)</p> <p>10am-11am: Line Dancing (S)</p> <p>10:30am-11:30am: Cardio Mix (N)</p>	<p>9am: Palm Hill Players (N)</p> <p>10am: Art & Crafts Club (S)</p> <p>7pm-10pm: Bingo (S)</p>	<p>8:30am: Ladies Championship Tournament</p> <p>9am-10am: Exercise Program (N)</p> <p>10am: Palm Hill Players (N)</p> <p>10am: Water Aerobics (N and S)</p>	<p>8:30am: Ladies Championship Tournament</p> <p>9am-10am: Exercise Program (N)</p> <p>10am: Palm Hill Players (N)</p> <p>10am: Water Aerobics (N and S)</p>